

# Multivitamins & Coumadin®

Do multivitamins interact with Coumadin®? Most multivitamin products contain vitamin K and thus do interact with your Coumadin® (Warfarin).

- You can take these multivitamin products that contain vitamin K as long as you are consistent (being consistent means that the multivitamin **must be taken everyday**).
- For those who might not remember to take the multivitamin everyday, options are still available. Some multivitamin products are available without vitamin K.

Refer to the list below for multivitamins that do not contain vitamin K, but still provide important daily vitamins.

## Multivitamins that do not contain vitamin K

- One A Day Women's®
- Flintstones Complete®
- One A Day Kids®
- Ocuville plus®
- CVS Multivitamin + Minerals Extra Strength (USP)®
- CVS Daily Multiple plus Iron (USP)®
- Walgreen's Women's Way Scientifically Formulated for Active Women USP®
- Giant Eagle Multi-Vitamin with Beta Carotene Daily USP®
- Giant Eagle Multi-Vitamin with Beta Carotene Daily plus Iron USP®



***Remember, it is always best to check with a Pharmacist about whether or not the multivitamin contains vitamin K.***